

**BURLEY LIONS SPUDMAN TRIATHLON
WAIVER AND RELEASE
ALL ATHLETES READ CAREFULLY**

In order to participate in the Burley Lions Spudman Triathlon, you must agree to this waiver and release by signing it at the time of race sign in before one of the registrars as a witness, or before a notary public if you will not be present at race sign in. AS A CONDITION OF YOUR PARTICIPATION IN THE BURLEY LIONS SPUDMAN TRIATHLON, YOU ARE AGREEING TO THE FOLLOWING TERMS:

I understand that participation in the Burley Lions Spudman Triathlon is a physically demanding competition and that there are serious risks of injury, even death, that may be caused by my physical condition, accidents and other factors that result from swimming in a river and bicycling and running on public and private roads and property with large numbers of people and the presence of vehicles. I understand that a physical examination is not required to participate in the Spudman, and that it would be in my best interest and has been recommended to me that, prior to participating, I seek the advice of a qualified medical physician as to my physical ability to engage in an event as strenuous as a triathlon. In consideration of the privilege granted me of participating in the Burley Lions Spudman Triathlon, and for other good and valuable consideration, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims, including all claims for damages, that I may have against the Burley Lions Club and its members, Spudman Committee, City of Burley, sponsors, volunteers, their contractors, employees, agents, representatives, successors, or assigns for any and all injuries, ailments or other consequences suffered by me, including my death, while traveling to or from, or participating in, the Burley Lions Spudman Triathlon.

Further, I agree to allow my name, photo, video or file likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and/or assigns.

Dated: _____

Witness

Signature

If you are not physically present at race sign in, then your signature must be notarized and this waiver and release delivered at the time of race sign in:

Subscribed and sworn to before me, this _____ day of _____, _____.

Notary Public for _____
Residing at _____
My commission expires _____